Mood Words[1]

Mood is the emotional atmosphere of a text. Mood describes the effect on the reader. Your understanding of the text, how you feel about the text, and how the text impacts you are all related to the mood.

The following are sample mood words, which can be used to describe the mood of a text.

Positive Mood Words		Negative Mood Words	
● amused	● light-hearted	● aggravated	● indifferent
● awed	● loving	● annoyed	● infuriated/irate
● bouncy	● mellow	● anxious	● insidious
● calm	● nostalgic	● apathetic	● intimidated
● cheerful	● optimistic	● apprehensive	● irritated
● chipper	● passionate	● barren	● jealous
● confident	● peaceful	● brooding	● lethargic
● contemplative	● playful	● cold	● lonely
● content	● pleased	● confining	● melancholy
● determined	● refreshed	● confused	● merciless
● dignified	● rejuvenated	● crushed	● moody
● dreamy	● relaxed	● cynical	● morose
● ecstatic	● relieved	● depressed	● nauseated
● empowered	● satiated	● desolate	● nervous
● energetic	● satisfied	● disappointed	● nightmarish
● enlightened	● sentimental	● discontented	● numb
● enthralled	● silly	● distressed	● overwhelmed
● excited	● surprised	● drained	● painful
● exhilarated	● sympathetic	● dreary	● pessimistic
● flirty	● thankful	● embarrassed	● rejected
● giddy	● thoughtful/pensive	● enraged	● restless
● grateful	● touched	● fatalistic	● scared
● harmonious	● trustful	● foreboding	● serious
● hopeful	● vivacious	● frustrated	● sick
● hyper	● warm	● futile	● somber
● idyllic	● welcoming	● gloomy	● stressed
● joyous		● grumpy	● suspenseful
● jubilant		● haunting	● tense
● liberating		● heartbroken	● terrifying
		● hopeless	● threatening
		● hostile	